REGISTRATION

Tick Required	Mon	Tue	Wed	Thu	Fri	Total $
Tennis Tuition						
Lunch .						
Match Play						
TOTAL PAYMENT: (GST. Inclusive)	$300 for Mon—Wed. $50 extra for Thursday.					

Send with payment to: ***Malvern Tennis Centre***
43A Union Street Armadale VIC 3143.

Name: .....Age: [ ]

Address: .....

..... Post code [ ] [ ] [ ] [ ]

PH: (H) ....., (B) .....

EMAIL……..

Payment details:

I enclose cheque / cash for $ .....

Bankcard [ ] Visa [ ] Mastercard [ ] Amex [ ]

with $ ....., Card expiry date ...../..... ,

Card number

[ ][ ][ ][ ][ ][ ][ ][ ][ ][ ][ ][ ][ ][ ][ ][ ]

Name on card Signature

.....

PROGRAM

DAILY ITINERARY:

DAY 1: Advanced Forehand Technique
Advanced Backhand Technique
Netplay & Passing shots

DAY 2: Advanced Serve Technique
Return of Serve
Footwork

DAY 3: Doubles Tactics
Singles Tactics
Mental Warfare in Tennis

DAY 4: Day 4 is an optional excursion to the Australian Open at Melbourne Park.

On all days a thorough physical preparation will be held in the morning which will include running, stretching and fluid intake.
A sports activity will also be held each day to ensure the program is not monotonous.
The last 2 hours of each day will be devoted to tournament play. Outside competitors may also be invited to play in the tournament.
Each student will also complete a 1/2 hour private session during the camp to correct technique flaws.
Lunch will be provided each day consisting of meat and salad rolls, sports drinks and fruit. High energy snacks will also be provided during the day.

TENNIS INTENSIVE "SWEAT" CAMP

FULL DAY PROGRAM

For advanced and squad players

VENUE
Malvern Tennis Centre
DATE
Mon 15—Thurs 18 Jan 2006
TIME
9AM—4PM

ONLY SELECTED STUDENTS WILL BE INVITED TO ATTEND. MAXIMUM 16 STUDENTS.

Please read the attached leaflet on the Aussie Open excursion.

Video analysis & Individual Stroke correction for all students. Ball machine used .
To enrol call for an application or book over the phone

9509 0030

Visa Bankcard Mastercard & American Express accepted

VICTORIAN TENNIS ACADEMY

43a Union St Avenue Armadale VIC 3143.