

Junior Competition Program

Our tennis centre's are open to the public from 8am-10pm Monday to Thursday and from 9am to the last booking Friday to Sunday.

The centre's facilities include floodlit synthetic grass tennis courts, café area, BBQ area, pro-shop and changing rooms .

COURT PRICES:

Monday - Friday 8am - 5pm

\$20 per hour

5pm - Close

\$30 per hour

Saturday and Sunday 8am - Close

\$26 per hour

Student Rate 7 days 8am - 4pm

\$12 per hour

Ball Machine Hire 8am - 4pm

\$30 plus court hire

All courts are bookable

“pay as you play”

No membership required!

Call: 9510 2481



The VTA holds weekly competition and tournaments at the end of every school term and during the holidays.

All competition is held at local venues making it extra convenient for families.

Players do not have to commit to playing to every week of the season and can play when they are available.

**Hotshot “Future Stars” Ages 8+
(Green Balls)**

All players who can serve and rally -
Improve your match play in a fun and friendly environment.

10-30 - 12pm

Saturdays- Orrong Park Tennis Centre

Hotshot “Stars” Ages 10+ (Full Court)

Singles and Doubles format, players should be comfortable with the rules of the game and scoring. Coaches help with tactics to improve your match play.

Saturday

(Boys) Malvern

12.30—2.30pm

(Girls) Orrong -

12.30 - 2.30pm

Details: 03 9509 0030

Cnr Sydney and Orrong Road

Prahan VIC 3143

Phone. 03) 9510 2481



Victorian Tennis Academy



**ORRONG
PARK
TENNIS
CENTRE**

MALVERN TENNIS CENTRE

Phone:

03 9510 2481 - Orrong Park

03 9509 0030 - Malvern

[Www.victennisacademy.com.au](http://www.victennisacademy.com.au)

HEAD[®]

E.mail:

admin@victennisacademy.com.au

Coaching

Day time sessions

The Victorian Tennis Academy Adult Coach Workouts program is a fun, energetic and enjoyable way to keep fit and improve your tennis at the same time.

Workouts incorporate cardio drills for fitness; as well as play based drills to improve match play. At the end of the drills session all players are encouraged to improve their game through participating in social doubles.

Days: Monday—Friday

Time: 9.30—11 am

Price: \$25

Baby sitting service : \$5 per child

Multi activities ages 4+: \$10 per child

NB Please call to book your place (and baby sitting) prior to attendance

Evening sessions \$20 per session

(Only at Orrong Park)

Monday

7 - 8 pm Improver

8 - 9 pm Intermediate

Tuesday

7 - 8pm Improver

8 - 9 pm Advanced

Wednesday

Foundation / Introduction to tennis

7 - 8pm

Thursday

7 - 8pm Improver

8 - 9pm Intermediate

These sessions are based on the popular daily coach and play sessions but with more focus on technique and tactics.

PLEASE CALL RECEPTION TO CONFIRM YOUR ATTENDANCE

Junior Coaching Programme



AUSSIE MOZZIE TENNIS

AGES: 41/2 - 7 YRS

TIME: 3.50 - 4.20PM

PRICE: \$125

Aussie Mozzie Tennis is Australia's latest modified Tennis programme for kids aged 5 to 7 years.

It is exciting, challenging, success orientated, and above all – FUN!

Aussie Mozzie Tennis is a skill acquisition programme to develop essential physical skills such as hand eye coordination, balance, movement, and spatial awareness. It promotes and fosters camaraderie and develops social and interpersonal skills.

HOTSHOT TENNIS

AGES: 8+

TIME: 4.20 - 5PM

PRICE: \$145

Hotshots™ Intermediate tennis lessons are designed for students aged 8-10. Students graduate to playing on the full tennis court and use standard tennis balls. The program aims to teach students rallying, serving and match play skills to prepare them for playing competition tennis.



HOTSHOT DEVELOPMENT SQUADS

AGES 10+

TIME 5 - 6PM

PRICE: \$170

Hotshots™ Development Squad lessons are designed for students aged 10 and over. At this level teaching emphasis is on developing specific match play skills and strategies for successful tournament play. The squad will incorporate technical, tactical, mental and physical training to fully develop student's tennis potential

ALL CLASSES INCLUDE 8 WEEKS OF TUITION AND RUN MONDAY THROUGH THURSDAY ALL YEAR ROUND.

Private Coaching

1 hour- \$80

45 minutes - \$60

30 minutes - \$45

Our team of qualified tennis professionals will provide you with all the encouragement and guidance needed to enhance your stroke technique and help with learning the tactics needed to improve your gameplay.

Individual and group lessons can be arranged at times suitable for you!



PRO - SHOP

AND

RESTRINGING SERVICE:

The Victorian Tennis Academy Pro Shop is fully stocked with a range of adult and junior tennis racquets; tennis balls; caps; t-shirts; over grips; replacement grips; and also offers a comprehensive restringing service.

We will match any racquet price offered by the big stores and offer you the personalised service of tennis professionals

We also include a free restring on top end racquets (\$150+) when you need your first restring.

HEAD®